

SOPHIA K. METCALF

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5'4" | Soprano | They/them* | Non-union

Theatre (selected)

The Penelopiad	Odysseus	Sara Rodriguez / UC Irvine
Human Error	Madelyn	Jane Page / UC Irvine
Book of Will	Ben Jonson	Josh Feder / UC Irvine
Twelfth Night	Olivia	Andrew Borba and Phil Thompson / UC Irvine
Jubilee: New Musical Project	Soloist / Writer	Karole Foreman / UC Irvine
Gilgamesh	Humbaba / Ensemble	Annie Loui / Counterbalance Theatre
Waiting for Lefty	Edna / Agate	Andrew Borba / UC Irvine
Twelfth Night	Olivia	Andrew Borba and Phil Thompson / UC Irvine
Book of Will	Ben Jonson	Josh Feder / UC Irvine
Macbeth	Lady Macduff / Duncan / Porter	Phil Thompson / UC Irvine
Romeo and Juliet	Romeo	Alice Hinchliffe / McGill University
Richard III	Lady Anne / Catesby	Myrna Wyatt- Selkirk / McGill University
As You Like It	Jacques	Lilian Wouters / UC Irvine
Merry Wives of Windsor	Doctor Caius / Hugh Evans	Audrey Napoli / UC Irvine
In the Next Room	Mrs. Givings	Myrna Wyatt- Selkirk / McGill University
Hold Steady	Kai	Eli Simon / UC Irvine

Film (selected)

I'm No Longer Here (feature)	Featured Background	Dir. Fernando Frias / Netflix
Sidechick (short) *	Supporting	Dir. Lucas Wakman / Outland View
A Portrait of Frances, Enclosed (short) ^	Voiceover	Dir. Jacob Levy / It Doesn't Suck Productions
Stork (short)	Principal	Dir. Dylan Quintero / UC Irvine
Object Memories (short)	Principal	Dir. Justin Cheng / Columbia University
How Long You Wander: An Emily Dickinson Story (short)	Lead	Dir. Cybelle Kaehler / UC Irvine
Smile and Dial (short)	Principal	Dir. Adam Evan Gallay / Absurd Concepts

* Official Selection 2018 Canada Shorts Film Festival, Hollywood Screenings Film Festival Semifinalist

^ Palm Spring Short Festival 2020

Commercial

Conflicts available upon request.

Training

MFA Acting - UC Irvine

Acting: Andrew Borba, Richard Brestoff

Dance / Movement: Annie Loui, Allison Eversoll, Andrew Palermo

Stage Combat: Martin Katz

Clown: David Shiner, Eli Simon

Voice: Cynthia Bassham

Singing: Robin Buck

BA Drama and Music - McGill University

Singing and Speech: Liz Koch, Patrick Hansen

Acting / Movement: Myrna Wyatt- Selkirk

Skills

Music: Soprano, high mix (range A3 - D5). Vocal sight-read. Piano. Guitar.

Movement: 3 years ballet, 1 year modern, 2 year Broadway / Jazz. Basic unarmed stage combat. Period dance. Viewpoints. Laban Technique. Athleticism. Yoga. Contact improv. Beginner contact juggling. Stilt-walker.

Devising and Performance Creation: David Shiner Clown Intensive, Mihai Maniutiu (National Theatre of Cluj), Tectonic Theatre Masterclass, Frantic Assembly Masterclass, Juliette Carillo (Cornerstone Theatre), Annie Loui (Counterbalance Theatre)

Dialects: IPA proficient. Southern (Rhotic, Non-Rhotic), RP, US, French, Italian, Russian, Irish (Belfast), New York, Boston.

Other: Conversational German, French. Valid driver's license. Biker.

Additional photos and demo reel available at www.sophiakmetcalf.com

* comfortable playing female, male, and non-binary roles